



- Accredited training organization
- Worldwide recognized certificates
- In company training courses
- Individual coaching and training
- Dutch, English, Papiamentu and Spanish
- Curaçao, Bonaire, Aruba and Sint Maarten

by Antilles Management Advice

The 7 Habits of highly effective people & more

This 2-days training course is largely based on the best seller book by Stephen Covey. The 7 habits represent a lifestyle that will put people in the driver's seat of their life. The 7 habits are about personal growth and satisfying and durable relationships with other people. This training course covers also several psychological models to help understand and influence other people's behaviour. Participants will learn to communicate effectively, develop a management style that is based on pro-activeness and a win-win attitude. Participants will also learn to adapt their management style based on the conditions and the people involved.

The training course is highly interactive. Participants will have lots of opportunities to practice the ideas and skills presented in the course.

WHO SHOULD TAKE THIS COURSE?

The training course is suitable for everyone who is interested in personal growth and in building lasting relationships. The insights gained through this course will bring personal benefits. Managers who want to develop their teams and be effective in their leadership will also benefit highly. This training course is very suitable for 'in company' training situations.

LEARNING OBJECTIVES

- learn to be proactive and to begin with the end in mind (personal habits)
- learn to be assertive and give effective feedback (personal habit)
- learn to make the difference between important and urgent and do first things first (personal habit)
- learn to think in win-win outcomes, to understand other people and how to build trust (interpersonal habits).
- learn about the automatic behavioural patterns people have and how to influence them (personal and interpersonal).
- learn different management styles and how to use the Rose of Leary (human behaviour, interpersonal)

PRACTICAL INFORMATION

- A 2-day training course from 8.30 till 16.00 hours.
- for individual participants and for teams
- language of training material is English. Instruction language can be: Dutch, English, Papiamentu or Spanish.